**Greetings, Power Through Choices Facilitators!**

As part of your participation in the upcoming training, you will be **required** to demonstrate one or more activities in the curriculum – we call this a teachback. The purpose of the teachback is to 1) allow all participants to see the activities in action, and 2) to build your confidence to facilitate activities, and 3) to identify knowledge or skills that you may need to build before facilitating. When you do a teachback, you play the role of the facilitator, and the other participants play the roles of youth. This is so that you get as accurate a picture as possible of what it’s like to implement the activity.

**Your teachback assignment is listed on the table on the next page. You will have an opportunity to prepare, ask questions, and meet with your co-facilitator (if you have been assigned one) on Day 1 of the training.**

Frequently Asked Questions:

***I’ve never done this before. Where do I start?***

Don’t worry! This is a chance to practice in a safe environment. Start by finding your assignment in the curriculum, and reading through the step-by-step directions. Make sure to read the customized guidance we have for you on how to implement your activities in the virtual environment.

***Do I have to do this by myself?***

Yes, but we will help you behind the scenes to scribe on virtual chart paper, assign participants to breakout rooms, and provide any other technical help you might need while you facilitate.

**Where can I find the materials for my teachback**?

Teachback materials are outlined in your assignment below. In many cases, participants have already been provided a worksheet in their participant materials, and in other cases, participants are instructed to refer to a worksheet in the curriculum. There are many references to the Facilitator Hub in the Teachback Assignments below. You should have received instructions about how to access the hub. If not, please contact Jenna@healthyteennetwork.org.

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| **TOF PARTICIPANT Teachback Assignments** | | |
| **Session 2: Making Clear Choices** | **Time** | **Facilitator** |
| **It Takes Two**: Rather than handing out the worksheet, instruct participants to use their curriculum to review the worksheet. | 15 min | Rachel |
| **Talking it Out**: There is no need to facilitate the Session Wrap-Up and Discussion. We will create breakout rooms for you and send a message at the halfway point for participants to switch roles (only the meeting host can do this). We will make you a co-host so that you can visit different groups to check in with them as needed. | 15 min |
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| **Session 3: Reproductive Health Basics** | **Time** | **Facilitator** |
| **Reproductive Anatomy:** There is no need to facilitate the Review/Introduction. The Powerpoint slides are in the Facilitator Hub. On the anatomy slides, you may wish to cover the answers with text boxes so you can reveal one answer at a time. When facilitating this session, don’t get bogged down in too much detail. Focus on one body part, one main function. You do not need to provide details about menstruation, since it is included in the following activity. | 30 min | Elizabeth |
| **Fertilization, Conception, and the Menstrual Cycle:** There is no need to facilitate the Session Wrap-Up and Discussion. Please download the slides from the facilitator hub, and plan to share your screen. (We can show you how if needed.) | 20 min | Audrey |
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| **Session 4: Increasing Contraceptive Knowledge** | **Time** | **Facilitator** |
| **Contraceptive Explanation**: Read the Facilitator Preparation Note as you prepare. There is no need to facilitate the Review/Introduction. Have a contraceptive kit handy, and hold the examples up to the camera, one by one in the order specified in the curriculum. Do not read the Facilitator Reference Sheet to participants – just use it in case you get questions. | 30 min | Melissa |
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| **Session 5: Understanding STIs and HIV and How to Reduce Your Risk** | **Time** | **Facilitator** |
| **STIs: How much do you know?**: There is no need to facilitate the Review/Introduction. Instruct participants to pull out Worksheet 5A from their participant folders. You’ll find the Powerpoint slides in the facilitator hub. Please download these ahead of time, and plan to share your screen. (We can show you how if needed.) | 45 min | Sandra |
| **Doing it Right:** There is no need to facilitate the Session Wrap-Up and Discussion. Instruct participants to locate their demonstrator and a condom, and ask them to show you how they put the condom on the demonstrator. Each participant should have received two condoms, and they are intended for use during this teachback. Have an unlubricated condom and a pair of scissors handy, and prepare by practicing [cutting a condom into a dental dam](https://www.youtube.com/watch?v=-9orgcUkDlw) if you have not done this before. | 20 min | Virginia |
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| **Session 6: Practice Makes Perfect** | **Time** | **Facilitator** |
| **Lunch Time Conversation**: We will create breakout rooms so you can divide the group into pairs, and send an announcement when it’s time for them to switch roles. | 10 min | Maria |
| **Condom Comfort:** You will demo #1-4, skip #5, and pick up at the last two processing questions under #6. | 15 min |
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| **Session 7: Using Resources to Support Your Choices** | **Time** | **Facilitator** |
| **Youth-Friendly Sexual Health Care Providers**: There is no need to facilitate the Session Wrap-Up and Discussion. Instruct participants to pull out Worksheet 7A from their participant folder. For the remaining worksheets in this teachback, refer them to the pages in the curriculum where they are located. You may choose to create a blank document to use as chart paper and share your screen while you scribe, or we can do this for you. Let us know which you prefer. In #2, allow 5 minutes for completing the worksheet rather than the full 15 minutes allocated in the manual.  This session has a lot of activities. Make sure to pace yourself to get through each of the activities, ending with clinic phone call role-play and processing discussion. | 45 min | Claire |
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| **Session 8: Making Choices That Fit Your Life** | **Time** | **Facilitator** |
| **You Decide**: There is no need to facilitate the Review/Introduction on Page 166. You will not have time to process each profile, so select 2-3 that you would like to use in the teachback. You may choose to create a blank document to use as chart paper and share your screen while you scribe, or we can do this for you. We will share the slide from session 4 for you. Let us know which you prefer. Refer participants to the handouts in their curriculum.  Don’t worry if you don’t reach a consensus about which method is “best” – the key takeaway is that not one method works for every person in every situation. A key processing strategy for this teachback is turning youth questions back to the large group rather than answering them yourself. | 35 min | Luis |
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| **Session 9: Creating the Future You Want** | **Time** | **Facilitator** |
| **Designing My Saturday Night**: There is no need to facilitate the Session Wrap-Up and Discussion. Choose 3 profiles that best fit your community and refer participants to the handouts in their curriculum.  We will provide you with the virtual Choices chart paper from Session 1. You may choose to create a blank document to use as chart paper and share your screen while you scribe, or we can do this for you. Let us know which you prefer.  PRO TIP: Be sure to turn youth questions back to the large group rather than answering them yourself. Avoid sharing your opinion about their decisions. | 45 min | Jessica |
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| **Session 10: Plan + Prepare + Practice = Power** | **Time** | **Facilitator** |
| **Steps to Protection**: There is no need to facilitate the Review/Introduction. Instruct participants to reference Worksheet 10A in their participant folder. You will not need to give participants the full 10-15 minutes to complete the worksheet, instead allow participants appx. 5 minutes.  When processing the Worksheet 10A, it is essential that you are asking youth generally “how might someone answer this” instead of asking them to respond based on their personal answers on the worksheet. | 15 min | Marcos |
| **Sex Bingo:** There is no need to facilitate the Session Wrap-Up and Discussion. We suggest assigning each youth participant a number, then asking them to choose a bingo card from the back of their curriculum folder that corresponds to the number (i.e. number 1 chooses the top card, number 2 chooses the second card back, and so on). You can ask participants to do this before beginning your demonstration. | 15 min | Daniel |