

Training of Facilitators

Goal

The overall goal of this training is to increase the capacity of participants to effectively plan and implement the *Power Through Choices* sexual health education curriculum.

Objectives

*At the completion of this training, participants will be able to:*

1. Explain the content taught in the *Power Through Choices* curriculum, including:
   1. Communication skills
   2. Reproductive health basics
   3. Contraception
   4. Condom use skills
   5. Identifying and accessing youth-friendly reproductive health care services
2. Demonstrate effective use of *Power Through Choices* key pedagogical methods, including:
   1. Brainstorming
   2. Large group discussion
   3. Mini-lecture
   4. Problem solving exercises
   5. Role play and skill practice
   6. Small group work
3. List at least three adaptations to *Power Through Choices*.
4. Identify and prioritize professional development needs.
5. Implement *Power Through Choices* with fidelity.

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| Day One Agenda (12:00pm –4:00pm EST) |
| Welcome and Introductions |
| Background on Power Through Choices |
| Orientation to curriculum |
| Trainer Demonstration: Session 1 |
| Trainer Demonstration: Session 2 (part 1) |
| Teachback Process |
| Teachback Preparation |
| Day Two Agenda (12:00pm –4:00pm EST) |
| Welcome to Day 2 |
| Teachback: Session 2 |
| Break |
| Teachback: Session 3 |
| Break |
| Teachback: Session 4 |
| Closure/Evaluation |
| Day Three Agenda (12:00pm –4:00pm EST) |
| Welcome to Day 3 |
| Teachback: Session 5 |
| Break |
| Teachback: Session 6 |
| Break |
| Teachback: Session 7 |
| Closure/Evaluation |
| Day Four Agenda (12:00pm –4:00pm EST) |
| Welcome to Day 4 |
| Demonstration: Session 8 |
| Break |
| Demonstration: Session 9 |
| Break |
| Demonstration: Session 10 |
| Break |
| Fidelity and Adaptations |
| Closure/Evaluation |