Greetings, Power Through Choices Training-of-Facilitators Participants!

We are looking forward to seeing you soon! [INSERT TRAINING DATES/TIMES HERE]

Meanwhile, please prepare by doing the following:

1. Complete [this assessment](https://survey.alchemer.com/s3/6454829/Prof-Learning-Sex-Ed-PTC-Version) to identify possible gaps in your knowledge/skills, and print out a copy for use during the training.
2. Review these resources in advance. We’ll assume you have this basic knowledge on hand for use during the training.
   * [The Teacher’s Guide to Sex Ed-lessons 4 and 6](https://www.healthyteennetwork.org/resources/teachers-guide-sex-ed/).  (allow 60 minutes total to complete these lessons.)
   * [Cardea’s guide to trauma-informed sex education.](http://www.cardeaservices.org/resourcecenter/guide-to-trauma-informed-sex-education)

Thanks again, and please reach out if you have any questions!