

**HEALTHY TEEN NETWORK** 

1501 Saint Paul Street, Suite 114 • Baltimore, MD 21202 • 410.684.0410 • Mila@HealthyTeenNetwork.org

# **SKILLS & SUBJECT AREA EXPERTISE**

Design researcher and educator committed to using human-centered design to help communities to learn, use, and translate practical and innovative approaches to solve public health issues.

## **EDUCATION**

#### TOWSON UNIVERSITY, TOWSON, MD

MASTER OF SCIENCE, SOCIAL SCIENCE, 2009

- Thesis: Knowledge, Perception, and Protection: Family Planning Choices of Latino Women in Baltimore
- Honors: Summa Cum Laude, Recipient of Charlotte W. Newcombe Scholarship and Graduate Diversity Grant

#### TOWSON UNIVERSITY, TOWSON, MD

POST-BACCALAURAEATE CERTIFICATE, FAMILY PROFESSIONAL COLLABORATION, 2008

• Thesis: Ethnographic Interviews: Communications and Challenges between Professionals and Families with Children in the Autism Spectrum Disorder.

#### TOWSON UNIVERSITY, TOWSON, MD

BACHELOR OF ARTS, INTERNATIONAL RELATIONS, 2005

- Minor: Economics
- Honors: National Dean's List, Sigma Alpha Lambda National Leadership and Honors Organization

## **PROFESSIONAL EXPERIENCE**

#### **ASSOCIATE DIRECTOR, INNOVATION & RESEARCH**

HEALTHY TEEN NETWORK, BALTIMORE, MD

2016 - PRESENT

Provides leadership monitoring simple technologies and technological trends and identifying opportunities for their use to improve the development and delivery of sexual health content. Provides strategic planning vision to support the implementation of the department's and organization's goal of using innovation and technology to advance the field of adolescent health. Pursues strategic partnerships, identifies and leads fund development projects.

- Manages a \$723,000/year, five year cooperative agreement funded by the U.S. Department of Health and Human Services (HHS) to rigorously evaluate new or innovative approaches to prevent teen pregnancy.
- Co-led the development of an alternative mobile keyboard powered by machine learning to help young men talk to their partners about sexual health.
- Led the development of a voice-activated Alexa Skill to link youth to sexual health services which was selected as a finalists of Amazon Alexa Ed Tech Skill Challenge Competition.
- Co-led the design and development of a comprehensive HPV vaccination media campaign that includes a chatbots to answer questions directly to consumers.
- Co-Led the design of an internet advertising recruitment strategies to recruit over 2,000 participants for a randomized controlled trial funded by HHS to evaluate Pulse, a mobile app to increase contraception use among Black and Latinx young women.
- Managed a Small-Business Innovation and Research (SBIR) Contract funded by the Centers for Disease and Prevention (CDC) to develop a prototype of a mHealth mobile application to improve reproductive health outcomes for minority male teens.



- Served as a content expert and co-led the development of a mHealth gamified tool prototype to improve the health outcomes for minority male adolescents.
- Co-led the design, development, and dissemination of multi-platform Spanish-language social media and dating app internet advertising campaign for HIV awareness and prevention.
- As part of a team, contributed to the translation of health information and co-develop human-centered, engaging and digestible educational materials using diverse types of media including whiteboard animations, short videos, and comics.
- Led the use of digital focus groups to conduct formative research and to engage participants in the development of digital campaigns to ensure the creation of human-centered products.
- Worked as community advisor for Johns Hopkins University's Center for AIDS Research CFAR-Adelante Grant to assess the context and level of HIV stigma within Latinx social networks in Baltimore City, in preparation for developing and disseminating a social media marketing campaign.

#### SENIOR PROGRAM MANAGER, CAPACITY BUILDING & EVALUATION

HEALTHY TEEN NETWORK, BALTIMORE, MD 2011 - 2016

Managed the organization's fee-for-service program and capacity-building projects. Collaborated to write grant proposals and contract applications. Designed, developed, and implemented multi-method training and technical assistance to organizations, government agencies, and youth-serving professionals working with a diverse audience of youth and young adults.

- Managed a \$260,000/ a year, multi-year federal IDIQ Task Order Sub-contract funded by HHS Administration on Children, Youth and Family (ACYF)
- Co-managed a \$200,000/year, five-year cooperative federal agreement funded by The Centers for Disease Control and Prevention Division of Adolescent School Health (CDC-DASH) to build capacity of schools to implement Exemplary Sexual Health Education and develop and implement tools to monitor program performance.
- Conducted
- Managed a \$375,000/year, two year contract with CDC-Office of State, Tribe, Local and Territories Support to build the capacity of Native Americans communities to select, adapt and implement teen pregnancy and HIV prevention evidence-based programs.
- Designed, developed and facilitated over 100 trainings, action planning sessions, poster sessions and webinars at national and state levels in various topics.
- Provided training and technical assistance to funded organizations as part of the President's Teen Pregnancy Prevention Initiative including HHS-ACYF Teen Pregnancy Prevention State & Tribal Personal Responsibility Education Program (PREP) and Research and Demonstration Programs, and HHS Pregnancy Assistance Fund (PAF).

#### TRAINING AND TECHNICAL ASSISTANCE MANAGER

HEALTHY TEEN NETWORK, BALTIMORE, MD 2009 - 2011

Managed training and technical assistance projects. Designed, developed, and implemented

- Managed a \$260,000/ a year, multi-year federal IDIQ Task Order Sub-contract funded by HHS Administration on Children, Youth and Family (ACYF)
- Managed a \$285,000/year, two year cooperative federal agreement funded by The Centers for Disease Control and Prevention Division of Adolescent School Health (CDC-DASH) to build the capacity of local education agencies and state education agencies to implement sex education.
- Contributed to the adaptation, design, development and implementations of distance and in-person training designs and approaches.
- Provided training and technical assistance to funded organizations as part of the CDC-Division of Reproductive Health Promoting Science-Based Approaches- Getting to Outcomes project to support the translation to research to practice and the implementation of evidence-based programming.



#### COMMUNITY OUTREACH SPECIALIST,

JOHNS HOPKINS UNIVERSITY, SCHOOL OF MEDICINE, BALTIMORE, MD 2008 - 2009

Co-led the creation and development of the first bilingual, multicultural program in Baltimore City that provided HIV/STD-related outreach, testing, and treatment to the rapidly growing, primarily immigrant, Latinx population.

### PUBLICATIONS

- Williams, M., & Garrido, M. (2020). Young parents logic model: Selected annotated bibliography. Healthy Teen Network. www.healthyteennetwork.org/resources/young-parents-logic-model-annotated-bib/=
- Williams, M., & Garrido, M. (2020). Young parents logic model: Full bibliography. Healthy Teen Network. www.healthyteennetwork.org/resources/young-parents-logic-model-full-bib
- Desiderio, G., **Garrido, M.**, Williams, M., & Sufrinko, N. (2020). *Young parents logic model* [Tool and report]. Baltimore: Healthy Teen Network. <u>www.healthyteennetwork.org/resources/young-parents-logic-model</u>
- Manlove, J., Cook, E., Whitfield, B., Johnson, M., Martínez-García, G., & **Garrido, M.** (2020). Short-Term Impacts of Pulse: An App-Based Teen Pregnancy Prevention Program for Black and Latinx Women. *Journal of Adolescent Health*, 66(2), 224-232. <u>https://doi.org/10.1016/i.jadohealth.2019.08.017</u>
- Cook, E., Sufrinko, N., & **Garrido, M.** (2020, March 6). Let's See: Pulse Short-Term Impact Results [Blog post]. *Under the Currents, Healthy Teen Network*. <u>https://www.healthyteennetwork.org/blog/pulse-results/</u>
- Garrido, M. (2019, February 5). Five Quick Tips to an Effective Poster that Tells Your Story [Blog post]. Under the Currents, Healthy Teen Network. https://www.healthyteennetwork.org/blog/tips-effective-poster
- Bowes, K. K., Burrus, B. B., Axelson, S., **Garrido, M.**, Kimbriel, A., Abramson, L., Gorman, G., Dancer, A., White, T., & Beaudry, P. J. (2018). Reducing disparities in adolescent pregnancy among us tribal youths. *American Journal of Public Health*, *108* (S1), pp. S23-S24. <u>https://aiph.aphapublications.org/doi/10.2105/AJPH.2017.304267</u>
- Garrido, M., Sufrinko, N., Max, J., & Cortes, N. (2018). Where Youth Live, Learn, and Play Matters: Tackling the Social Determinants of Health in Adolescent Sexual and Reproductive Health. *American Journal of Sexuality Education*, 13(3), 269-282. https://doi.org/10.1080/15546128.2018.1458264
- Garrido, M. (2018, March 7). How Do You Motivate Your Team? (Part III) [Blog post]. Under the Currents, Healthy Teen Network. <u>https://www.healthyteennetwork.org/blog/motivate-team-part-iii/</u>
- Garrido, M., Martínez-García, G., & Sufrinko, N. (2017, May 24). Screening and Enrolling Study Participants Online [Blog post]. Under the Currents, Healthy Teen Network. <u>https://www.healthyteennetwork.org/blog/screening-enrolling-study-participants</u>
- Martínez-García, G., **Garrido, M.**, & Sufrinko, N. (2017, May 11). Top Tips for Using Social Media to Recruit Study Participants [Blog post]. *Under the Currents, Healthy Teen Network*. <u>https://www.healthyteennetwork.org/blog/recruit-social-media/</u>
- Garrido, M. (2017, November 2). How Do You Motivate Your Team?: Part I [Blog post]. Under the Currents, Healthy Teen Network. https://www.healthyteennetwork.org/blog/how-do-vou-motivate-vour-team/
- Garrido, M. (2017, December 28). How Do You Motivate Your Team?: Part II [Blog post]. Under the Currents, Healthy Teen Network. <u>https://www.healthyteennetwork.org/blog/motivate-team-part-ii/</u>

Appelson, J., & Garrido, M. (2016). Youth-friendly services self-assessment tool [Tool]. Baltimore: Healthy Teen Network.

- Max, J.L., Sedivy, V., & **Garrido, M.** (2015). Increasing Our Impact by Using a Social-Ecological Approach [Tip Sheet] Washington, DC: Administration on Children, Youth and Families, Family and Youth Services Bureau (FYSB).
- Desiderio, G., **Garrido, M.** (2015). *Youth 360°: How and where we live, learn, and play matters* [Prezi presentation]. Healthy Teen Network. <u>https://prezi.com/ujvq907h500 /youth-360-how-where-we-live-learn-play-matters/</u>
- Healthy Teen Network (Desiderio, G., **Garrido, M**., Paluzzi, P., Sedivy, V.) (2015). Youth 360°: The Game. www.healthyteennetwork.org/youth360thegame
- Singon, J. & Garrido, M. (2015). The Art of Verbal Storytelling [Tip Sheet]. Baltimore, MD: Healthy Teen Network & ETR Associates.
- Garrido, M., & Banikya-Leaseburg, M. (2015). Characteristics of youth-friendly clinical services [Tip Sheet]. Baltimore, MD: Healthy Teen Network.
- Garrido, M., & Banikya-Leaseburg, M. (2014). Referrals and linkages to youth-friendly health care services [Tip Sheet]. Washington, DC: U.S. Department of Health & Human Services, Office of Adolescent Health.
- Garrido, M., and Sedivy, V. (2014). Learning Walks: First Nations Health Source. Baltimore: Healthy Teen Network.

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- Martínez García, G., & **Garrido, M.** (2014). Learning Walks: Indigenous Peoples Task Force. Baltimore: Healthy Teen Network.
- Banikya-Leaseburg, M., Desiderio, G., Garrido, M. & Martinez-Garcia, G. Graphic design by Kelly Connelly. (2014). Youth 360°. How & where healthy youth live, learn, & play: The social-ecological health promotion model & social determinants of health. Baltimore, Maryland: Healthy Teen Network.
- Desiderio, G., **Garrido, M.**, Martínez García, G., and Eisler, A. (2014). Lessons Learned in Providing Health Care Services for Native Youth. Baltimore: Healthy Teen Network.
- Desiderio, G., **Garrido, M.**, Eisler, A., Martínez-García, G. (2014). Lessons learned in providing health care services for Native Youth [Case study]. Healthy Teen Network. <u>www.healthyteennetwork.org/lessons-learned-providing-health-care-services-native-youth</u>
- Desiderio, G., **Garrido, M.**, Connelly, K. (2013). Mighty MT: MT finds his voice: Anti-bullying graphic novel lesson plan. Baltimore, MD: Healthy Teen Network.
- Banikya-Leaseburg, M., Desiderio, G., Garrido, M., & Martinez-Garcia, G. (2013). Youth 360°. How & where healthy youth live, learn, & play: The social-ecological health promotion model & social determinants of health [Fact sheet]. Baltimore, MD: Healthy Teen Network.
- Garrido, M., & Banikya-Leaseburg, M. (2013). *Tip sheet: Logic model*. Healthy Teen Network. <u>www.healthyteennetwork.org/resources/tip-sheet-logic-model</u>
- Desiderio, G., & Garrido, M. (2013, December 14). Youth 360°: How & where we live, learn, & play matters [Presentation Slides and audio recording]. Healthy Teen Network.

www.healthyteennetwork.org/resources/youth360/presentation

- Desiderio, G., Garrido, M. (2012). Program fit checklist [Tool]. Healthy Teen Network. <u>www.healthyteennetwork.org/tool-program-fit</u>
- Desiderio, G., & **Garrido, M.** (2012). Community-wide initiative to prevent teen pregnancy, STI and HIV: Getting to Outcomes [Case Studies]. Baltimore, MD: Healthy Teen Network.
- Wilson, M., & Garrido, M. (2010). Promoting science-based approaches using Getting to Outcomes: Grantee interview report round three. Baltimore, MD: Healthy Teen Network.

## **TRAININGS & PRESENTATIONS**

Manlove, J., Cook, E., Whitfield, B., Johnson, M., Finocharo, J., **Garrido, M.**, Sufrinko, N., & Martinez-Garcia, G. (2020, April 22-25). *Sex Ed Goes High Tech: Findings from a RCT Evaluation of the Pulse App* [Poster]. Population Association of America Annual Meeting, Washington, DC.

https://submissions2.mirasmart.com/PAA2020/ViewSubmissionFile.aspx?sbmID=289&validate=false&mode=HTM L (Conference canceled due to COVID-19)

- Manlove, J., Cook, E., Whitfield, B., Finocharo, J., Martinez-Garcia, G., & **Garrido, M.** (2020, March 11-14). *Short-Term Impacts of an App-Based Reproductive Health Program for Black and Latinx Young Adult Women* [Conference session]. Society for Adolescent Health and Medicine Annual Meeting, San Diego, CA. https://osf.io/5dzh4/ (Conference canceled due to COVID-19).
- Garrido, M., & Whitfield, B. (2020, March 3). *About the Pulse Study* [Webinar session]. Office of Population Affairs' Teen Pregnancy Prevention Tier 2 Showcase Webinar, Washington, DC.
- Garrido, M., Martínez-García, G., Finocharo, J., & Manlove, J. (2020, May 27). *Inst Them and they will come... but can you survey them right?: The secrets of recruiting youth through social media platforms and capturing accurate data* [Webinar session]. Office of Population Affairs' Teen Pregnancy Prevention Grantee Expo Showcase Webinar, Washington, DC.
- Martinez-Garcia, G., **Garrido, M.**, & Sufrinko, N. (2020, May 26). *Wingman: A Suggestive Keyboard to Facilitate Conversations about Sex* [Webinar session]. Office of Population Affairs' Teen Pregnancy Prevention Grantee Expo Showcase Webinar, Washington, DC.
- Garrido, M. (2019, October 26). *If the Map Doesn't agree with the Terrain, The Map is Wrong, Not You* [Workshop]. Women in Leadership Conference, "The Personal is Political", Towson, MD.
- Garrido, M., Sufrinko, N., & Fathallah, S. (2019, October 28-30). #HealthyTeen2019 Design Challenge: A series of humancentered design workshops [Conference session]. Healthy Teen Network National Conference, New Orleans, LA.
- Desiderio, G., & **Garrido, M.** (2019, October 28-30). *Meeting the unique needs of young parents*. [Workshop]. Healthy Teen Network Annual Conference, New Orleans, LA.

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Martinez-Garcia, G., **Garrido, M.**, Manlove, J., Cook, E., & Whitfield, B. (2019, October 28-30). Sex Research in Cyberspace [Conference session]. Healthy Teen Network's Annual Conference, New Orleans, LA.

Garrido, M., & Sufrinko, N. (2019, July 10-12). *Instagram them and they will come or will they? The secrets of recruiting youth through social media*. [Workshop]. National Sexual Health Conference, Chicago, II.

Sufrinko, N., Garrido, M., & Martinez-Garcia, G. (2019, July 10-12). Selling Sexual Health: Comparing two pilot recruitment internet ad campaigns for Latinx individuals [Poster]. National Sexual Health Conference, Chicago, IL.

- Manlove, J., Cook, E., Whitfield, B., Johnson, M., Finocharo, J., **Garrido, M.**, Sufrinko, N., & Martinez-Garcia, G. (2018, November 10-14). Evaluating an app-based approach to teen pregnancy prevention among Black and Latina women ages 18-20 [Poster]. American Public Health Association's Annual Meeting, San Diego, CA.
- Manlove, J., Cook, E., Martinez-Garcia, G., **Garrido, M.**, Sufrinko, N., & Whitfield, B. (2018, November 10-14). *Sex ed + tech: Using innovation to evaluate a sex ed digital intervention* [Roundtable discussion]. American Public Health Association's Annual Meeting, San Diego, CA.
- Manlove, J., Cook, E., Martínez-García, G., **Garrido, M.**, and Whitfield, B. (2018, November 10-24). Sex ed goes high tech: Findings from a RCT evaluation of the Pulse App [Poster]. American Public Health Association's Annual Meeting, San Diego, CA.
- Sufrinko, N., **Garrido, M.** and Martinez-Garcia, G. (2018, November 10-14). Recruiting? Facebook can help: Using social media to recruit participants [Poster]. American Public Health Association's Annual Meeting, San Diego, CA.
- Sheoran, B., Idelson, L., Garrido M., Sufrinko, N., & Desiderio, G. (2018, October 22). An Introduction to Human Center Design [Workshop]. Healthy Teen Network Annual Conference, "Standing Strong and Keeping Youth at the Center", San Diego, CA.
- Chilcoat, D., Sufrinko, N., & **Garrido M.**, (2018, October 23). *Equipping Youth to Succeed: Power Through Choices* [Poster]. Healthy Teen Network Annual Conference, "Standing Strong and Keeping Youth at the Center", San Diego, CA.
- Sheoran, B., Idelson, L., Garrido M., & Sufrinko, N. (2018, October 23). An Introduction to Human Center Design [Workshop]. Healthy Teen Network Annual Conference, "Standing Strong and Keeping Youth at the Center", San Diego, CA.
- Garrido M., & Sufrinko, N. (2018, October 23). #HealthyTeen2018 Design Challenge [Pitches and Awards Session]. Healthy Teen Network Annual Conference, "Standing Strong and Keeping Youth at the Center", San Diego, CA.
- Sufrinko, N., & Garrido M., (2018, October 24). *Designing with Youth: A Step-by-Step Workshop for Using Digital Focus Groups to Uncover Youth Insights* [Conference Session]. Healthy Teen Network Annual Conference, "Standing Strong and Keeping Youth at the Center", San Diego, CA.
- Garrido, M., & Martínez-García, G. (2018, May 30-31). *Inst them and they will come, or will they?: The secrets of recruiting youth through social media platforms* [Workshop]. Family Youth Service Bureau-Adolescent Pregnancy Prevention Conference, Washington, DC.
- Sufrinko N. & Garrido, M. (2018, May 30-31). *The Focus Group Goes Digital: A Step-by-Step Workshop for Collecting Qualitative Data Online for Program Design* [Workshop]. Family Youth Service Bureau-Adolescent Pregnancy Prevention Conference, Washington, DC.
- Garrido, M., & Max, J. (2018, April 23). *Keeping the Child at the Center: The Benefits of Co-Parenting* [Workshop]. Pregnancy Assistance Fund Grantee Training "ABC's of Serving Young Expectant and Parenting Families", Washington, DC.
- Manlove, J., Cook, E., Whitfield, B., Johnson, M., **Garrido, M.**, Sufrinko, N., & Martinez-Garcia, G. (2018, May 30-31). *Sex Ed Goes High Tech: Findings from a RCT Evaluation of the Pulse App* [Poster]. Family Youth Service Bureau-Adolescent Pregnancy Prevention Conference, Washington, DC.
- Garrido, M., Sufrinko, N., & Martinez-Garcia, G. (2018, May 6-7). A or B? Why not Both? Best Practices for Using Technology to Implement Testing in Your Research [Panel]. Youth + Tech + Health Live Conference, San Francisco, CA.
- **Garrido**, M., Sufrinko, N. and Martinez-Garcia, G. (2018, May 6-7). *Do's and Don'ts of social media recruitment* [Conference session]. Youth + Tech + Health Live Conference, San Francisco, CA.
- Garrido, M. (2018, April 7). *Finding you're your way when the path isn't clear*. [Workshop]. Leading Together, Building Together. Women in Leadership Conference, Towson, MD.
- Martinez-Garcia, G., & **Garrido, M.** (2018, January). Better than Google: How clinicians can use social media to reach and engage patients [Grand round]. University of San Francisco Department of Psychiatry, San Francisco, CA.
- Sufrinko, N., Garrido, M., & Martínez-García, G. (2017, October 3-4). Likes, Tweets, and Hashtags: Harnessing the Power of Social Media for Study Recruitment [Poster]. Healthy Teen Network Annual Conference, "Social Norms & Culture: Honoring Experiences & Perspectives", Baltimore, MD.



Manlove, J., Cook, E., Whitfield, B., Johnson, M., **Garrido, M.**, Sufrinko, N., & Martinez-Garcia, G. (2017, October 3-4). *Pulse, an App in Action: Preliminary Usage Results from a Randomized Control Trial* [Poster]. Healthy Teen Network Annual Conference, "Social Norms & Culture: Honoring Experiences & Perspectives", Baltimore, MD.

- Martínez-García, G., **Garrido, M.**, & Sufrinko, N. (2017, October 4). *The Social Media Studio: Recruiting for Health Programs, Studies, and Surveys* [Roundtable discussion]. Healthy Teen Network Annual Conference, "Social Norms & Culture: Honoring Experiences & Perspectives", Baltimore, MD.
- Garrido, M. (2017, October 4). Helping Your People to Be Happy and Motivated [Conference Session]. Healthy Teen Network Annual Conference, "Social Norms & Culture: Honoring Experiences & Perspectives", Baltimore, MD.
- Martinez-García, G., & **Garrido, M.** (2017, June). We Need You: Recruiting adolescents as research subjects using social media [Grand Rounds]. Johns Hopkins University School of Public Health, Baltimore, MD.
- Martinez-García, G., & **Garrido, M.** (2016, November 14). *Sassy and Short but with a punch: Translating complex health information for new media* [Training]. Healthy Teen Network Pre-Conference Institute at Healthy Teen Network Annual Conference "Roles, Relationships, & Relevance in the Changing Landscape of Adolescent Health", Las Vegas, NV.
- Garrido, M. (2016, November 15). *Preventing Staff Burnout* [Workshop]. Healthy Teen Network Annual Conference "Roles, Relationships, & Relevance in the Changing Landscape of Adolescent Health", Las Vegas, NV.
- Paluzzi, P., & **Garrido, M.** (2016, November 15). Sustainability 2.0: Sustaining Your Program Over the Long Run [Workshop]. Healthy Teen Network Annual Conference "Roles, Relationships, & Relevance in the Changing Landscape of Adolescent Health", Las Vegas, NV.
- Martinez-Garcia, G., **Garrido, M.**, Olugbade, Y., Eisler, A., Paluzzi, P. Connelly, K., Manlove, J., & Cook, E. (2016, July 19-21). *Teen pregnancy research 2.0: Taking sexual health research to the mobile world* [Poster]. Health & Human Services' Teen Pregnancy Prevention Grantee Conference, Baltimore, MD.
- Garrido, M., & Sedivy, V. (2015, October 13). *Fearless Facilitation 101* [Training]. Healthy Teen Network Pre-Conference Institute at Healthy Teen Network Annual Conference "How and Where Youth Live, Learn, & Play Matters", Baltimore, MD.
- Garrido, M., & Sedivy, V. (2015, October 15). *Taking a Good Snapshot of Your Program: Using Learning Walks to Showcase your Work* [Workshop]. Healthy Teen Network Annual Conference "How and Where Youth Live, Learn, & Play Matters", Baltimore, MD.
- Garrido, M. (2015, January 24). Youth-Friendly Clinical Services: Why, What, How and What Next? [Workshop] Association of Maternal and Child Health Programs (AMCHP) Annual Conference, Washington, DC.
- **Garrido, M.**, & Martinez-Garcia, G. (2015, March 10). *Increasing Our Impact by Using a Social-Ecological Approach* [Webinar session]. FYSB, Washington, DC.
- Garrido, M., & Chilcoat, D. (2014, April 30). *Partners in Health: Using a Client-Centered Services Approach* [Training]. Baltimore City Health Department, Baltimore, MD.
- **Garrido, M.**, & Suellentrop, K. (2014, May 5-6). Respectful and Rewarding: Leveraging Social Capital in Communities to Help Youth Thrive [Training]. HHS-Family Youth Services Bureau PREP Regional Training Arlington, VA.
- Garrido, M., & Max, J. (2014, May 16). Partners in Health: Using a Client-Centered Services Approach [Training]. Johns Hopkins Hospital, Baltimore, MD.
- Garrido, M. (2014, May 20). Preparing for the Future: Strategies to Program Sustainability [Training]. Maryland State PREP Grantees, Baltimore, MD.
- Banikya-Leaseburg, M., & Garrido, M. (2014, June 5). Is Your Clinic Youth Friendly? Why, What, How & What Next [Workshop]. HHS Teen Pregnancy Prevention Initiative Grantee Meeting "Bridging the Gaps: Eliminating Disparities in Teen Pregnancy and Sexual Health", Washington, DC.
- **Garrido, M.**, & Leston, J. (2014, June 4). *Re-imagining Adolescent Pregnancy Prevention: Using a Native Health Model to Build Strong Partnerships and Sustain Programs* [Workshop]. HHS Teen Pregnancy Prevention Initiative Grantee Meeting "Bridging the Gaps: Eliminating Disparities in Teen Pregnancy and Sexual Health", Washington, DC.
- Garrido, M., & Banikya-Leaseburg, M. (2014, June 16). *Partners in Health: Using a Client-Centered Services Approach* [Training]. University of Maryland, Baltimore, MD.
- Garrido, M. (2014, June 16). *Partners in Health: Using a Client-Centered Services Approach* [Training]. Baltimore Medical System, Baltimore, MD.
- Garrido, M. (2014, September 26). *Piece-by-Piece: Building Youth-Friendly School-Based Health Centers* [Training]. Professional Development for Baltimore City Health Aids, Baltimore, MD.



- Sedivy, V., **Garrido, M**., Szydlowski, M., & McKay, J. (2014, October 21). *Walking the Walk: Partnering with Youth and Caregivers for School-Based Sexual Health Education* [Training]. Healthy Teen Network Pre-Conference Institute at Healthy Teen Network Annual Conference "Synergy: Achieving More Together", Austin, TX.
- Desiderio, G., & **Garrido, M.** (2014, October 22). *Youth 360°: How & where we live, learn, & play matters: Integrating Social Determinants of Health to Enhance Programming* [Workshop]. Healthy Teen Network Annual Conference "Synergy: Achieving More Together", Austin, TX.
- Watson, C., & Garrido, M. (2014, October 23). B'More Family Planning: Excellence in Title X Clinics [Workshop]. Healthy Teen Network Annual Conference "Synergy: Achieving More Together", Austin, TX.
- Garrido, M., & Sedivy, V. (2013, October 22). *Making the Grade: Using Effective Tools for the Selection and Development of Sexual Health Education in School* [Training]. Healthy Teen Network Pre-Conference Institute at Healthy Teen Network Annual Conference "Embracing Innovation: Combining Science with Creativity to Improve Adolescent Health", Savannah, GA.
- Sedivy, V., & Garrido, M. (2013, October 23). *How Schools Health Advisory Councils (SHACs) Can Help You Implement Sex Education in Schools* [Workshop]. Healthy Teen Network Annual Conference "Embracing Innovation: Combining Science with Creativity to Improve Adolescent Health", Savannah, GA.
- Garrido, M., & Sedivy, V. (2013, October 24). You Want Me to Say WHAT? Helping Teacher Become Sexual Health Educators [Workshop]. Healthy Teen Network Annual Conference "Embracing Innovation: Combining Science with Creativity to Improve Adolescent Health", Savannah, GA.
- Sedivy, V., & **Garrido, M**. (2013, October) *Maximizing the Impact of Sexual Health Education by Using a Data-Driven Process to Select & Implement Programs* [Workshop]. American School Health Association Conference, Myrtle Beach, SC.
- Garrido, M. (2013, July 23). *How to Talk so Teens will Listen and Listen so Teens will Talk* [Training]. Presentation for staff at Within Reach, Seattle, WA.
- Max, J., & **Garrido, M.** (2013, March 5). *Keep Them Coming Back: Recruiting and Retaining Youth in Programs* [Workshop]. FYSB Competitive Personal Responsibility Education Program (C-PREP) In-Person Grantee Training, Los Angeles, CA.
- **Garrido, M.** (2013, September 26). *Keeping Them Coming Back: Recruiting and Retaining Youth in Programs* [Intensive TA Session]. City of Alexandria Teen Pregnancy Staff Professional Development, Alexandria, VA.
- Garrido, M. (2012, May 2). Assessing Community Needs-Fostering Equity and Creating Culturally Inclusive Programs [Workshop]. First Annual FYSB's Teen Pregnancy Prevention Conference, "Effective Pregnancy Prevention Programming: From Research to Practice", National Harbor, MD.
- Chesbro, T., & **Garrido, M.** (2012, May 1). *Promoting Equity Creating Culturally Sensitive Programs for Native American Youth* [Workshop]. First Annual FYSB's Teen Pregnancy Prevention Conference, "Effective Pregnancy Prevention Programming: From Research to Practice", National Harbor, MD.
- Garrido, M. (2012, April 30). *The Importance of Program Quality* [Workshop]. First Annual FYSB's Teen Pregnancy Prevention Conference, "Effective Pregnancy Prevention Programming: From Research to Practice", National Harbor, MD.
- Garrido, M., May, J., & Larkin, J. (2012, September 24). Understanding Logic Models: Mapping Your Native Youth Project [Webinar session]. CDC-Office of State, Tribe, Local and Territories Support Native Youth Project Grantees, Baltimore, MD.
- Heldring, E., **Garrido**, M. (2012, October 16). *What's the REAL DEAL? Let's Talk about Gender, Power, and Healthy Relationships* [Training]. Healthy Teen Network Pre-Conference Institute at Healthy Teen Network Annual Conference "The Power of Youth: Joining Forces to Achieve Positive Outcomes", Minneapolis, MN.
- Max, J., & Garrido, M. (2012, October 18). You, Me & Baby Makes Three: Understanding the Components and Strategies for Successful Co-Parenting [Workshop]. Healthy Teen Network Annual Conference "The Power of Youth: Joining Forces to Achieve Positive Outcomes", Minneapolis, MN.
- Wandersman, A., Wilson, M., Chilcoat, D., Desiderio, G., & **Garrido, M.** (2011, March 28-31) *Community Mobilization and Getting to Outcomes* [Training]. CDC Division of Reproductive Health, Grantee Meeting, Baltimore, MD.
- **Garrido, M.**, & Desiderio, G. (2011, June). *Selecting an evidence-based program that fits* [Webinar session]. HHS, Family and Youth Services Bureau, State Personal Responsibility Education Program.
- Chilcoat, D., Eisler, A., Garrido, M., Sedivy, V., & May, J. (2011, December 5-9). From the Ground Up: Building Solid Foundations for Effective Trainings & Technical Assistance [Training]. CDC Division of Reproductive Health Integrating Services, Programs and Strategies Through Community Wide Initiatives Project, "A Master Training of Trainers: Design & Delivery of Training Using Evidence-Based Practices", Baltimore, MD.

**HEALTHY TEEN NETWORK** 



- Chilcoat, D., Desiderio, G., & **Garrido, M.** (2010, April). *Evidence-based approaches to teen pregnancy, STI, and HIV prevention* [Webinar session]. Healthy Teen Network, Baltimore, MD.
- Chilcoat, D., & **Garrido, M.** (2010, October 27). *You, Me & Baby Makes Three: Encouraging Teen Parents to Co-Parent* [Workshop]. Healthy Teen Network Annual Conference "A Time of Opportunity: Engaging Communities in Supporting Healthy Youth and Young Families", Austin, Texas.
- Wilson, M., Chilcoat, D., & **Garrido, M.** (2010, October 26). *The Rules of the Road: How Green, Yellow, and Red Light Adaptation Guidelines Keep You Safe When Implementing Evidence-Based Programs* [Training]. Healthy Teen Network Annual Conference "A Time of Opportunity: Engaging Communities in Supporting Healthy Youth and Young Families", Austin, Texas.
- Chilcoat, D., & **Garrido, M.** (2010, June 15-16). *Expanding Our Language: Incorporating Sexual Health Messages When Working with Adolescents* [Training]. Office of Population Affairs Adolescent Family Life Prevention Grantees Conference, Baltimore, MD.
- Wilson, M., & Garrido, M. (2010, October 28). One-Size Does NOT Fit ALL: Selecting Pregnancy Prevention Programs That Fit [Workshop]. Healthy Teen Network Annual Conference "A Time of Opportunity: Engaging Communities in Supporting Healthy Youth and Young Families", Austin, Texas.
- Garrido, M., & Flores-Miller, A. (2009) *HIV and the Latino Community* [Presentation]. Latino Providers Network Partner's Meeting, Baltimore, MD.
- Garrido, M. (2009, November) *What Is In A Name*? [Panel Presentation]. Defining the Latina Identity Annual Latina Symposium, Towson University, MD.
- Garrido, M., & Flores-Miller, A. (2008). Effective and Innovative Ideas to Reach-out The Latino Community: HIV and STI Prevention Efforts in Baltimore City [Training]. Ryan White Part A & D Grantee Meeting, Baltimore, MD.
- **Garrido, M.,** & Ahmed, M. (2007, April). *Enhancing the Leadership of Minority Students: LGBTQ Student Development* [Training]. Towson University Annual Diversity Retreat, Baltimore, MD.
- Garrido, M., & Ahmed, M. (2006, November). *Understanding the Diversity Markers* [Training]. Towson University, Annual Diversity Retreat, Baltimore, MD.

## SERVICE

#### **REPRODUCTIVE JUSTICE INITIATIVE, LEADERSHIP TEAM**

ALL-SOULS CHURCH UNITARIAM, WASHINGTON, DC 2017- PRESENT Support programming to mobilizing the DC faith community for reproductive justice.

