

*Privacy and Confidentiality for Adolescents Accessing Sexual and Reproductive Health Care*  
*Reflection Worksheet*



Healthy Teen Network

Reflection Point	How does this impact Kendall's privacy?	What would you do in this situation?
1. Ms. Taylor walking Kendall to the exam room		
<b>My state's laws:</b> Parental notification for birth control		<b>My state's laws:</b> Explanation of Benefits and minor confidentiality
<b>Birth control coverage:</b> Federal law		
2. Ms. Taylor getting supplies		

3. Mr. Harrison and Mrs. J. in the Main Office		
4. Anthony and Mrs. J. in the hallway		
5. Ms. Taylor and Mrs. J. at the block party		
6. Confidentiality laws encourage adolescents to seek care they might not otherwise receive.		

<p>7. “Adolescent confidentiality in the health care setting is a natural extension of the individual’s developmental trajectory and is vital to providing optimal care” (Leland 2007, Dec.).</p>		
<p>8. Informing the parent/guardian may not be in the minor’s best interest.</p>		<p>Bonus: What are other examples of situations in which it may not be in the best interest to inform a parent/guardian?</p>

**What can be done to ensure privacy for students in the school?**

**Other Notes:**

<b>What gaps does your health center have?</b> <b>What opportunities does your health center have?</b>	<b>Action Steps</b>	<b>Person Responsible</b>	<b>Target Date</b>
<p>Examples:</p> <ul style="list-style-type: none"> <li>• Sending students to the health center from class confidentially.</li> <li>• Destigmatizing students visiting the health center.</li> <li>• Resisting temptation to disclose private information, even when you have the best of intentions.</li> <li>• Helping peers better understand importance of confidentiality.</li> </ul>			