



## APPENDIX C: List of Materials

Lesson	Facilitator Materials			Student Materials	
	Flipcharts	Facilitator's Resources	Other	Handouts	Assignment
1	<ul style="list-style-type: none"> <li>• Flipchart 1.1: Statements for Vote with your Feet</li> <li>• Flipchart 1.2: El Camino Group Agreements</li> <li>• Flipchart 1.3: El Camino Map with STAR Definition</li> <li>• Flipcharts 1.4a. and 1.4b: Sofia's and Santiago's "Camino"</li> </ul>	<ul style="list-style-type: none"> <li>• Facilitator Resource 1.1: Statements for Vote with your Feet</li> <li>• Facilitator's Resource 1.2: Sofia's and Santiago's "Camino" (Example)</li> </ul>	<ul style="list-style-type: none"> <li>• AGREE/DISAGREE signs</li> <li>• Painter's tape</li> <li>• Markers (various colors)</li> <li>• Flipchart paper or whiteboard</li> </ul>	<ul style="list-style-type: none"> <li>• Lesson 1 Key Messages</li> <li>• Handout 1.1: El Camino Map with STAR Definition</li> <li>• Handout 1.2: Sofia's and Santiago's Story/Novela</li> </ul>	
2	<ul style="list-style-type: none"> <li>• Flipchart 1.2: El Camino Group Agreements</li> <li>• Flipchart 1.3: El Camino Map with STAR Definition</li> <li>• Flipchart 2.1: Key Messages</li> </ul>		<ul style="list-style-type: none"> <li>• Ball (or another object to toss)</li> <li>• Painter's tape</li> <li>• Markers (various colors)</li> <li>• Flipchart paper or whiteboard</li> </ul>	<ul style="list-style-type: none"> <li>• Lesson 2 Key Messages</li> <li>• Handout 1.1: El Camino Map with STAR Definition</li> </ul>	Assignment #1: A Question for your Parent/Guardian or Other Trusted Adult

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3	<ul style="list-style-type: none"> <li>• Flipchart 1.2: El Camino Group Agreements</li> <li>• Flipchart 3.1: Road Trips: On or Off Track?</li> <li>• Flipchart 3.2. Warning Signs Situations: Questions to Consider</li> <li>• Flipchart 1.3: El Camino Map with STAR Definition</li> </ul>	<ul style="list-style-type: none"> <li>• Facilitator Resource 3.1a and 3.1b: Vote with Your Feet—On or Off Track</li> </ul>	<ul style="list-style-type: none"> <li>• ON TRACK/OFF TRACK signs</li> <li>• Painter's tape</li> <li>• Markers (various colors)</li> <li>• Flipchart paper or whiteboard</li> </ul>	<ul style="list-style-type: none"> <li>• Lesson 3 Key Messages</li> <li>• Handout 3.1: Road Trips: On and Off Track</li> <li>• Handout 3.2: Warning Signs</li> <li>• Handout 3.3: Sofia's and Santiago's Story/Novela: Pedro's Party</li> </ul>	Assignment #1: A Question for your Parent/Guardian or Other Trusted Adult
4	<ul style="list-style-type: none"> <li>• Flipchart 1.2: El Camino Group Agreements</li> <li>• Flipchart 1.3: El Camino Map with STAR Definition</li> </ul>	<ul style="list-style-type: none"> <li>• Facilitator Resource 4.1: Teen Parent Reality Check</li> </ul>	<ul style="list-style-type: none"> <li>• "YES" and "NO" signs</li> <li>• Painter's tape</li> <li>• Markers (various colors)</li> <li>• Flipchart paper or whiteboard</li> </ul>	<ul style="list-style-type: none"> <li>• Lesson 4 Key Messages</li> <li>• Handout 1.1: El Camino Map with STAR Definition</li> <li>• Handout 4.1. Sofia's and Santiago's Story/Novela: Seeing Amanda and Sebastian</li> </ul>	

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5	<ul style="list-style-type: none"> <li>• Flipchart 1.1: El Camino Group Agreements</li> <li>• Flipchart 5.1a, b, c: Culture, Gender, and Pregnancy</li> </ul>	<ul style="list-style-type: none"> <li>• Facilitator Resource 5.1: Frequently Asked Questions (FAQs): PREGNANCY</li> <li>• Facilitator Resource 5.2: Talking Points (Pregnancy)</li> </ul>	<ul style="list-style-type: none"> <li>• Shoebox or similar size box with slit in top to insert cards (question box)</li> <li>• 3 x 5 cards</li> <li>• Painter's tape</li> <li>• Markers (various colors)</li> <li>• Flipchart paper or whiteboard</li> </ul>	<ul style="list-style-type: none"> <li>• Lesson 5 Key Messages</li> <li>• Handouts 5.1a, b: Reproductive System of a Person with a Penis</li> <li>• Handouts 5.2a, b: Reproductive System of a Person with a Vagina</li> <li>• Handout 5.3: Frequently Asked Questions: Pregnancy</li> </ul>	
6	<ul style="list-style-type: none"> <li>• Flipchart 1.1: El Camino Group Agreements</li> </ul>	<ul style="list-style-type: none"> <li>• Facilitator Resource 5.2: Talking Points (Pregnancy)</li> <li>• Facilitator Resource 6.1: Contraceptive Timeline</li> <li>• Facilitator Resource 6.2: Frequently Asked Questions (FAQs): CONTRACEPTION</li> <li>• Facilitator Resource 6.3: Talking Points: CONTRACEPTION</li> </ul>	<ul style="list-style-type: none"> <li>• Contraceptive kit</li> <li>• Question box</li> <li>• 3 x 5 cards</li> </ul>	<ul style="list-style-type: none"> <li>• Lesson 6 Key Message</li> <li>• Handout 6.1: Hormonal Contraceptive Methods—What Teens Need to Know</li> <li>• Handout 6.2: Referral List of Youth-Friendly Sexual and Reproductive Health Centers and Condom Resources</li> <li>• Handout 6.3: Sofia and David: Making Decisions</li> <li>• Handout 6.4: Contraceptive Timeline</li> <li>• Handout 6.5: Frequently Asked Questions (FAQs): CONTRACEPTION</li> </ul>	

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7	<ul style="list-style-type: none"> <li>Flipchart 1.1: El Camino Group Agreements</li> </ul>	<ul style="list-style-type: none"> <li>Facilitator Resource 6.3: Talking Points (Contraceptives)</li> <li>Facilitator Resource 7.1: CDC Reference Guide for Sexually Transmitted Diseases</li> <li>Facilitator Resource 7.2: The Three Steps of Correct Condom Use</li> <li>Facilitator Resource 7.3: Obstacles to Using Contraception and Condoms</li> <li>Facilitator Resource 7.4: FAQs (Condoms)</li> <li>Facilitator Resource 7.5: Talking Points (Condoms)</li> </ul>	<ul style="list-style-type: none"> <li>Penile models</li> <li>Condoms</li> <li>Painter's tape</li> <li>Markers (various colors)</li> <li>Flipchart paper or whiteboard</li> <li>Hand cleaning wipes or sink with soap</li> <li>Question box</li> <li>3 x 5 cards</li> </ul>	<ul style="list-style-type: none"> <li>Lesson 7 Key Message</li> <li>Handout 7.1: Sexually Transmitted Infections</li> <li>Handout 7.2: The Three Steps of Correct Condom Use—Shorter Version</li> <li>Handout 7.3: The Three Steps of Correct Condom Use—Longer Version</li> <li>Handout 7.4: Frequently Asked Questions (FAQs): Condoms</li> </ul>	Assignment #2: A Question for your Parent/Guardian or Other Trusted Adult

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8	<ul style="list-style-type: none"> <li>Flipchart 1.1: El Camino Group Agreements</li> </ul>	<ul style="list-style-type: none"> <li>Facilitator Resource 7.4: Talking Points (Condoms)</li> </ul>	<ul style="list-style-type: none"> <li>Painter's tape</li> <li>Markers (various colors)</li> <li>Flipchart paper or whiteboard</li> <li>Question box</li> <li>3 x 5 cards</li> </ul>	<ul style="list-style-type: none"> <li>Lesson 8 Key Message</li> <li>Handout 8.1: Contraception and Reproductive Health Goals on Your Camino</li> <li>Handout 6.1: Hormonal Contraceptive Methods—What Teens Need to Know</li> <li>Handout 8.2: Sofia and David Going to the Clinic: Meeting with a Nurse Practitioner</li> <li>Handout 6.5: Contraceptive Timeline</li> </ul>	Assignment #2: A Question for your Parent/Guardian or Other Trusted Adult
9	<ul style="list-style-type: none"> <li>Flipchart 1.1: El Camino Group Agreements</li> <li>Flipchart 9.1: Two Communication Styles</li> </ul>	<ul style="list-style-type: none"> <li>Facilitator Resource 9.1: Santiago and Sebastian: Pedro's Party</li> </ul>	<ul style="list-style-type: none"> <li>Painter's tape</li> <li>Markers (various colors)</li> <li>Flipchart paper or whiteboard</li> </ul>	<ul style="list-style-type: none"> <li>Lesson 9 Key Messages</li> <li>Handout 1.1: El Camino Map with STAR Definition</li> <li>Handout 9.1: Two Communication Styles</li> <li>Handout 9.2: Santiago and Sebastian: Pedro's Party</li> <li>Handout 9.3: Nonverbal Communication</li> <li>Handout 9.4: Student Nonverbal</li> </ul>	

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				Communication Practice Directions and Scenarios <ul style="list-style-type: none"> <li>• Handout 9.5: Assertive Communication Practice Scenarios</li> <li>• Handout 9.6: Observer Checklist</li> </ul>	
10	<ul style="list-style-type: none"> <li>• Flipchart 1.2: El Camino Group Agreements</li> </ul>	<ul style="list-style-type: none"> <li>• Facilitator Resource 10.1: Consent or Not Consent? With Responses and Questions</li> <li>• Facilitator Resource 10.2: Talking Points (Consent)</li> </ul>	<ul style="list-style-type: none"> <li>• Painter's tape</li> <li>• Markers (various colors)</li> <li>• Flipchart paper or whiteboard</li> </ul>	<ul style="list-style-type: none"> <li>• Lesson 10 Key Messages</li> <li>• Handout 10.1: What is consent?</li> <li>• Handout 10.2: Consent or Not Consent?</li> <li>• Handout 9.1: Two Communication Styles</li> <li>• Handout 9.3: Nonverbal Communication</li> <li>• Handout 10.3: Referral List of Youth-Friendly Healthy Relationship Resources</li> <li>• Handout 10.4: Setting Limits with Romantic Partners</li> </ul>	

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11	<ul style="list-style-type: none"> <li>• Flipchart 1.2: El Camino Group Agreements</li> <li>• Flipchart 11.1: Program Key Messages</li> </ul>		<ul style="list-style-type: none"> <li>• Painter's tape</li> <li>• Markers (various colors)</li> <li>• 8 x 11 blank paper</li> <li>• Post-it notes</li> </ul>	<ul style="list-style-type: none"> <li>• Handout 11.1: Program Key Messages</li> <li>• Handout 11.2 &amp; 1.1: My El Camino Map with STAR Definition</li> <li>• Handout 11.3: Steps Along Angela's and Carlos' Caminos</li> <li>• Handout 9.1: Two Communication Styles</li> <li>• Handout 6.1: Hormonal Contraceptive Methods—What Teens Need to Know</li> <li>• Handout 6.2: Referral List of Youth-Friendly Sexual and Reproductive Health Centers and Condom Resources</li> </ul>	